

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



BILAL SCHOOL[®]

English Medium • Govt. Recognised • ISO Certified



**MEDICAL CHECK-UP (SECONDARY)
in Bilal School Hall, Mumbai**

www.bilalschool.in

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MEDICAL CHECK-UP



Health can be defined as physical, mental and social well-being of a person. It refers to not only the absence of disease but also the ability to recover and bounce back from illness and other problems.

Bilal school also organised a Medical Check-up and health camp every year for the students who are studying in school. This check-up camp always organised in school premises. The team of local Doctors, Nurses were called by the management to examine the health of students on 14 & 15 Sept. This check-up was organised for all age group students from Nursery to Standard 10th. Doctors and school authorities planned it in such a disciplined manner that first day was for the pre-primary students check-up and the next day was for secondary section students. The lady Doctor was called for girls check-up of secondary section. This medical check-up includes measurement of height and weight of the students, eye check-up, general cleanliness of the students as well as overall body check-up.

First doctor examined lower class students. The students were so small that some of them scared and started crying. Most of them had the fear of injection in their mind. Their respective teachers handled them so lovingly and tenderly that they were happily examined by the doctors. Nurses were also polite and handled them with laughing face.

Nowadays, most of the students have a vision problem, due to overuse of mobile, television etc. Doctors told the students about importance of vision. Second problem was observed in students about lack of healthy diet. Most of the students like and preferred junk food. This food is harmful to their body as well increases fatness in the children. Doctors gave a speech on importance of healthy diet,

exercise cleanliness of body, etc. They also explained about first aid and precautionary measures to keep our body healthy.

Class teachers of pre-primary section bring students as per class wise to doctors, where they took height, weight of the students, examined their vision as well other body. Separate records were maintained of each and every students. Each class was taken down one by one to avoid mess-up. Full programme was organised under the keen observation by Chairman, Principal and other Staff.

Doctors prescribed various medicines for those who were in poor health. Approximately 200 students, teachers and non-teaching staff were participated. Doctors emphasized the need for taking physical exercise daily to the students.

Medical check-up camp was ended on 6th September. The gift of taken and spread thanks were given to the Doctors and Nurses by the school management. Whole programme was held in peaceful and disciplined manner. Most of the parents, appreciated this and demand to hold such medical camps every year. Principal promised them about the same. Vote of thanks was given by school teachers to all respected persons who attended the programme along with students.

Prepared by Event Department

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